



# Summary of Activities

February to June 2024

<https://virtual-village-east.org.nz/whats-on>

Proudly initiated  
and supported by



## Weekly Activities

### Walking Group

- **When:** Every Thursday morning (only for coffee if raining).
- **Time:** 10 am to 11.30 am.
- **Where:** Homestead Cafe in Lloyd Elsmore Park (2R Bells Road, Pakuranga).

### Saint Kentigern Technology Class

- **When:** Every Wednesday afternoon.
- **Time:** 4.15 pm to 5 pm.
- **Where:** Boardroom, HBH Howick Views (139 Union Road, Howick).

### Safe and Strong Classes

*Returning on Tuesday 12th March 2024.*

- **When:** Every Tuesday afternoon
- **Time:** 1.30 pm to 2.30 pm
- **Where:** Physio Room, HBH Howick Views (139 Union Road, Howick).

## Monthly Activities

### Monthly Outings

- **February: Cornwall Park**
  - **When:** Wednesday 21st February 2024.
  - **Time:** 10 am to 2 pm.
- **March: Chelsea Sugar Factory**
  - **When:** Wednesday 6th March 2024.
  - **Time:** TBC.
- **May: Auckland Art Gallery**
  - **When:** Wednesday 1st April 2024.
  - **Time:** TBC.
- **June: Nathan Homestead**
  - **When:** Wednesday 5th June 2024.
  - **Time:** 10 am to 2 pm.

### Zoom Sessions

- **When:** Second to last Tuesday of every month.
- **Upcoming Dates:**
  - Tuesday 19th March 2024: Topic TBC.
  - Tuesday 23rd April 2024: Topic TBC.
  - Tuesday 21st May 2024: Topic TBC.
  - Tuesday 18th June 2024: Topic TBC.





## Monthly Activities (continued)

### Coffee Catch-ups

*Returning on Tuesday 27th February 2024.*

- **When:** Final Tuesday of every month.
- **Time:** 10.30 am to 12.30pm.
- **Where:** Te Tuhi Arts Centre (13 Reeves Road, Pakuranga).

### Community Sessions

- **Time:** 1 pm to 2.30 pm
- **Upcoming Dates:**
  - Thursday 29th February 2024: Topic TBC.
  - Tuesday 26th March 2024: Topic TBC.
  - Friday 26th April 2024: Topic TBC.
  - Thursday 30th May 2024: Topic TBC.
  - Thursday 27th June 2024: Topic TBC.

### Movies at Monterey Cinemas

*Time and movie determined a week prior.*

- **Where:** Monterey Cinemas, Howick (4/2 Fencible Drive, Howick)
- **Upcoming Dates:**
  - Wednesday 13th March 2024.
  - Wednesday 17th April 2024.
  - Wednesday 15th May 2024.
  - Wednesday 12th June 2024.

### Information Mornings

Monthly information mornings to cover each one of our 'Five Pillars of Ageing Well'.

- **Upcoming Dates:** My Environment
  - **When:** Tuesday 12th March 2024.
  - **Time:** 10 am to 12.30 pm.
  - **Where:** TBC.

## Other Activities

### Mindfulness Course

- **When:** Every Tuesday for 4 weeks, starting Tuesday 7th May to Tuesday 28th May 2024.
- **Time:** 10 am to 12 pm.
- **Where:** HBH Howick Views (139 Union Road, Howick).

### Manage Better Together Course

- **When:** Every Monday for 6 weeks, starting Monday 13th May until Monday 3rd June 2024.
- **Time:** 10.30 am to 12.30 pm.
- **Where:** TBC.

RSVP for events via the website [www.virtual-village-east.org.nz](http://www.virtual-village-east.org.nz)  
or by emailing Ninwa at [co-ordinator@virtual-village-east.org.nz](mailto:co-ordinator@virtual-village-east.org.nz)

Any transport issues getting to/from events, contact Driving Miss Daisy (0800 948 432),  
who will give all Virtual Village East members a discount.

